

TRAUMA TEDDIES PATTERN

You will need:

No 10 (3¼mm) needles
Double knitting wool in four colours:
Colour 1 for the head and paws
Colour 2 for the trousers
Colour 3 for the jumper
Colour 4 for the scarf



Legs, body and head:

Cast on 10 stitches in colour 1
Knit 10 rows

Change to trouser colour and knit 30 rows
Make another leg the same
Knit across all 20 sts and work 16 rows

Change to jumper colour and knit 24 rows

Change to main colour for head and also change to stocking stitch.
Work for 5½" (14cm) and change to jumper colour
Continue remainder of teddy in reverse order. Cast off.

Arms:

Stitch down the side of the head and with the jumper colour pick up 8 stitches on either side of the neck join (16 stitches in all) and knit 20 rows

Change to main colour and knit 10 rows for the paws, cast off.

Scarf:

Cast on 75 stitches in colour 4, knit 4 rows and cast off.

To make up:

Sew diagonally the top corners of the head to make ears. Stuff the head and run a thread through the knitting around the neck to draw it in. Sew up the rest of teddy leaving opening in crotch for stuffing. Sew a happy face on the teddy. Tie the scarf around the teddy and sew firmly to the back of the neck.

Finishing:

Please stuff the teddy with either polyester or other healthy padding. Foam rubber is not recommended as babies/young children might chew it. *Do not* use buttons or beads or anything hazardous which may become detached and be a hazard to young children. The finished teddy will be about 10 inches (25cm) tall.